

**Sports & Health Research Paper & Presentation**  
**HPE 230: Community Health**  
**40 Points**



- Working in small groups students will be required to research and present different athletes or sport teams that have a not-for-profit or foundation component that addresses one or more Healthy People 2020 objectives.
- You will be using Power Point as an avenue to present your findings.
- Requirements for research paper:
  - Each student on your team will research 2 individuals/teams from your designated time zone; please note that one athlete per a specific professional sports team can be used.
  - A written summary outlining the corresponding information:
    - Describe who the athletes/athletic teams are that you chose and why the topic is of importance to s/he or the team.
    - Describe the health issue that is addressed by the athlete or team. You will need to research about the topic including the definition, statistics, risk factors and future developments of the health issue. You should have at least 2 resources for this section.
    - Identify which Healthy People 2020 objectives are addressed by the health issue.
- Requirements for research presentation:
  - As a team each of you will choose one of your two researched individuals/teams to present on in class on March 9<sup>th</sup> where you will describe who your athlete/team is, the definition, statistics, risk factors and future developments of your health issue as well as which Healthy People 2020 objectives are addressed by the health issue.
- Students will be divided into four teams and will conduct research based on a professional athletes or sport's team in the four different time zones.
  - Pacific Time Zone – including Hawaii & Alaska
  - Mountain Standard Time Zone
  - Central Standard Time Zone
  - Eastern Standard Time Zone

- The following website will provide a clear visual of which states are in which time zone <http://www.worldatlas.com/webimage/countrys/namerica/usstates/timezone.htm>
- The following website will provide you with an excellent starting point for your research. Please be aware that you can use professional teams or athletes as well as Olympic athletes. <http://www.looktothestars.org/>

### Sports & Health Research Rubric

#### Research Paper – Individual

Category	5 pts	3 pts	1 pts	0 pts
Identified Athlete/Team	90 – 100% of your two athletes/team description can be read easily and understood.	89-80% of your two athletes/team description can be read easily and understood.	79 – 70% of your two athletes/team description can be read easily.	Less than 70% of your two athletes/team description issues can be read easily.

Category	15 pts	10 pts	5 pts	1 pt
Health Issue Description	90 – 100% of your two health issues can be read easily and understood.	89-80% of your two health issues can be read easily and understood.	79 – 70% of your two health issues can be read easily.	Less than 70% of your two health issues can be read easily.

**\*Note: This portion of the rubric indicates that your two athletes or teams are identified by describing the health issue that is addressed including the definition, statistics, risk factors and future developments of the health issue.**

Category	5 pts	3 pts	1 pts	0 pt
Connection to Healthy People 2020	90 – 100% of your two health issues and the connection to Healthy People 2020 objectives can be read easily and understood.	89-80% of your two health issues and the connection to Healthy People 2020 objectives can be read easily and understood.	79 – 70% of your two health issues connection to Healthy People 2020 objectives can be read easily.	Less than 70% of your two health issues and the connection to Healthy People 2020 objectives can be read easily.

**Instructor Comments:**

**Presentation Evaluation: Team**

Category	5 pts	3 pts	1 pts	0 pt
Sports & Health Team Time Zone Research Overview	Your team has properly provided an overview of your time zone, how your research was conducted and a complete listing of all athletes/teams selected.	Your team briefly provided an overview of your time zone, how your research was conducted and a listing of the athletes/teams selected.	Your team had an introduction but did not provide a clear over of your time zone, how your research was conducted or a listing of the athletes/teams selected.	Your team did not have an introduction to provide an overview of your time zone, how your research was conducted and a listing of the athletes/teams selected.

**Presentation Evaluation: Individual**

Category	5 pts	3 pts	1 pts	0 pt
Subject Knowledge	You demonstrate full knowledge (more than required) by fully explaining about your athlete/team, the health issue and connection to Healthy People 2020.	You are at ease with explaining about your athlete/team, the health issue and connection to Healthy People 2020, but fail to elaborate.	You are uncomfortable with the information and are able to explain rudimentary information about your athlete/team, the health issue and connection to Healthy People 2020.	You are unprepared to explain about your athlete/team, the health issue and connection to Healthy People 2020 beyond what is on their map.

Category	5 pts	3 pts	1 pts	0 pt
Engaging and Effective Presentation	Presentation is thought provoking and energizing (engaging) with almost full eye contact.	Presentation is somewhat engaging but eye contact is somewhat limited.	Presentation has potential to be engaging but could be more stimulating; eye contact is limited.	Presentation fails either to engage OR it fails to be effective; eye contact with audience is almost non-existent.

**Instructor Comments:**